

Quick reference - pocket frame - Spot AI claim risk at work

Promise: Spot when an AI answer is overconfident or unsupported before you act on it at work.

Quick reference - pocket frame

- ☐ Pocket frame: Claim -> Evidence -> Owner -> Trust call (act / verify / discard) -> Next check
- ☐ Cold gut first: does this sound too clean for the stakes?
- ☐ Hot check: what evidence would change your mind?
- ☐ Never ship on tone alone - confidence is not evidence.
- ☐ Success looks like: Mark one AI answer with a clear trust decision and one next check.